



# World Mental Health Day

**World Mental Health Day is facilitated by the Mental Health Foundation and this year's theme is Schizophrenia.**

**Creative Support will be hosting two events in the Dudley Borough on Friday 10th October:**

**Friday 10th October 10am - 4pm  
The Cornbow Shopping Centre, Halesowen**

**Friday 10th October  
1.30pm - 2.30pm and 3pm - 4pm  
Insight House, Pearson Street, DY5 3BL**

**We look forward to seeing you for activity sessions, film showings, information and more!**

**Please contact our Dudley Office on 01384 896 737 for more information.**

**opportunity, choice and wellbeing**