

Best Practice in Mental Health and Well-being Conference

DATE: Thursday 9th October 2014

TIME: 9.30 -15.00

VENUE: Lindhurst Room, Mansfield Civic Centre,
Chesterfield Road South, Mansfield Nottinghamshire NG19 7BH



Open to: Independent Sector health and Social care providers, carers, public health staff, CCGs, commissioners and local authority staff in Nottinghamshire and the East and West Midlands

- **Mike Cooke**, NHS Chief Executive, Nottinghamshire Healthcare Trust
- **Andy Peet**, Therapeutic Skills Tutor/Non-Medical Prescriber, Local Services
- **Susan March and Cheryl George**, Senior Public Health Managers
- **Christine Collymore**, Skills for Care
- **Wendy Brook**, Mental Health First Aid



Outcomes

- A better understanding of general mental health and wellbeing issues
- Ideas on how to deal with stigma and discrimination
- A good understanding of the Nottinghamshire Mental Health strategy
- Examples of how you can promote wellbeing in your service users and staff
- To be knowledgeable about the key values and behaviours expected of your workforce

**This event is only £33 per person.
Premium members pay £30 per person.**

Max 2 places per organisation

Book your place by completing the booking form attached and email it to istraining@nottsc.gov.uk