



Open Course

11th September 2014

CIRCLE DANCE IN DEMENTIA

Register to attend this course and discover the potential of **Circle Dancing** when working with people with memory loss. Learn and practice the skills to provide an activity with therapeutic benefits for people with dementia.

Who can attend: Activity Organisers, Family Carers, Care and Social Care staff, Dance Therapists, Volunteers. This course would have value to anyone working with people with dementia and other cognitive impairments.

Venue: ExtraCare, Hagley Road Village Hall, Birmingham B17 8BH

Cost: £100 includes 20 track CD and handout pack

Facilitator: Kath Kershaw

To Book: <https://circle-dance-birmingham.eventbrite.co.uk> or telephone or email Dementia Pathfinders – see details opposite



Circle Dance emphasises relationships, group belonging, emotional & physical aspects of being, with links to celebrations

Making use of rhythm, music, touch and movement, for people who experience difficulties with communication and loss of confidence has been evidenced as promoting their well-being

Over 1000 staff from Day Centres, Care Homes, Support Groups, PCTs have attended training workshops since September 2008

Dances can be done both seated and standing

Dementia Pathfinders

T 0845 257 2250

info@dementiopathfinders.org

www.dementiopathfinders.org